

Essential Omegas provide a highly concentrated blend of omega-3s in their naturally existing ratios, purified through a comprehensive distillation process.

Extensive research has shown that adequate amounts of omega-3s support optimal mental health and general well-being.*

Suggested Use: As a dietary supplement, take 2 softgels once or twice daily with food, or as recommended by a healthcare professional. Store in a cool, dry place.

Caution: Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Keep out of the reach of children. Do not use if safety seal is damaged or missing.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For:
NutraTek Health Innovations Inc.
Box 919, Raymond, AB, T0K 2S0

For Information and Orders:
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www.GetHardy.com

Send comments to:
PO Box 416
Sweet Grass, MT
59484

Made in U.S.A.



Essential Omegas

Dietary Supplement



a high potency
blend of omega-3s
for optimal
cognitive function*



120 Softgels

Supplement Facts

Serving Size: 2 Softgels
Servings Per Container: 60

Amount Per Serving	%DV**
Calories (energy)	25
Total Fat	2.5 g 4%
Fish Oil (70% Omega-3 Fatty Acids)	2,500 mg †
Eicosapentaenoic Acid (EPA)	800 mg †
Docosahexaenoic Acid (DHA)	600 mg †
Other Omega-3 Fatty Acids	200 mg †

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Values not established.

Other ingredients: Gelatin, glycerin, purified water and mixed tocopherols.

This product is PCB and heavy metal tested and is guaranteed to be within Prop 65 limits.

