

Macro Mineral Boost is specially formulated to bolster key essential nutrients known to*:

- Improve joint health and joint function
- Reduce mood swings and menstrual pain
- Minimize symptoms of histamine intolerance
- Build healthy teeth and bones

Suggested Use*: Consistently take 2 capsules three times daily, or as recommended by a healthcare professional. Store in a cool, dry place. Do not use if tamper-evident seal is broken or missing.

Note*: As with any supplement, if you have a medical condition, consult your doctor before use. Keep out of reach of children.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in USA with globally sourced ingredients for:
Hardy Nutritionals Box 919, Raymond, AB, T0K 2S0

For Information and Orders:
Toll Free: 1-855-955-1114
www.GetHardy.com

Send comments to:
PO Box 416
Sweet Grass, MT 59484



QUALITY
PRODUCT



DAIRY
FREE



GLUTEN
FREE



SOY
FREE



NON
GMO

macro Mineral Boost

Dietary Supplement



an ideal balance
of key minerals and
vitamins designed to
optimize mental and
physical health*



180 Capsules

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 90

Amount Per Serving		%DV
Vitamin C (as sodium ascorbate, ascorbic acid, and ascorbyl palmitate)	90 mg	100%
Vitamin D (as cholecalciferol)	30 mcg	150%
Vitamin K (as phyloquinone & menaquinone-7)	1200 mcg	1000%
Calcium (as NutraTek™ chelation complex and dicalcium malate)	258 mg	20%
Iron (as NutraTek™ chelation complex)	2 mg	11%
Phosphorus (as NutraTek™ chelation complex)	124 mg	10%
Iodine (as NutraTek™ chelation complex)	30 mcg	20%
Magnesium (as NutraTek™ chelation complex, magnesium citrate, and Great Salt Lake minerals)	126 mg	30%
Zinc (as NutraTek™ chelation complex)	7 mg	64%
Selenium (as NutraTek™ chelation complex)	30 mcg	55%
Copper (as NutraTek™ chelation complex)	1 mg	116%
Manganese (as NutraTek™ chelation complex)	1.4 mg	60%
Chromium (as NutraTek™ chelation complex)	91 mcg	260%
Molybdenum (as NutraTek™ chelation complex)	21 mcg	48%
Sodium (as sodium ascorbate and Great Salt Lake minerals)	9 mg	0%
Potassium (as NutraTek™ chelation complex)	35 mg	1%

Proprietary Blend 145 mg †
Great Salt Lake minerals, bamboo leaf extract (a natural source of silica), shilajit extract, Atlantic kelp (Laminaria digitata), boron (as boron glycinate and NutraTek™ chelation complex), vanadium (as NutraTek™ chelation complex), nickel (as NutraTek™ chelation complex).

*Daily Value (%DV) not established.

Other ingredients: Gelatin capsule (bovine), microcrystalline cellulose.