

daily Essential Nutrients



Dietary Supplement
NET WT. 1.35 oz (38.4 g)



POWDER
SAMPLES

broad-spectrum
micronutrients
clinically proven
to enhance focus,
mood, and mental
well-being*



Contains 4 single serving packets:
Unflavored, Mixed Berry, Strawberry Peach & Chocolate Caramel
(Bulk powder available in multi-serving canisters)

Daily Essential Nutrients Powder provides the solid nutritional foundation your brain and body need to perform optimally. It is backed by more independent mental health research in adults and children than any other vitamin-mineral formulation. Count on it to deliver unmatched results because it is:*

✓ Complete ✓ Balanced ✓ Optimized

For best results, consult a Health Professional trained in the use of multi-nutrient therapy (GetHardy.com/hp) or a Hardy Nutritionals® Product Specialist.

Suggested Use*: Children younger than 6: 1 - 2 packets per day. Individuals 6 or older: 3 packets per day, or as recommended by a physician. 1 pouch contains the equivalent of 4 Daily Essential Nutrients capsules. Store in a cool, dry place.

Unflavored Packet: Mix with 1 cup of milk, smoothie, or flavored liquid of choice. For recipe ideas, visit: try.GetHardy.com/recipes.

Flavored Packets: Mix with 1 cup of water, milk, smoothie, or flavored liquid of choice.

†**Caution:*** As **Daily Essential Nutrients** balances the body, other supplements, medications, and recreational substances may no longer be needed, and as a result, their side effects may increase. If this happens, they will need to be appropriately reduced, and in many cases, gradually discontinued. Regularly monitor the side effects of each medication you take. Consult with a physician before adjusting any prescription medication. For more information visit: GetHardy.com/meds.



Made in USA with globally sourced ingredients for:
Hardy Nutritionals®
Box 919, Raymond, AB, T0K 2S0

For Information, Orders & Comments:
Toll Free: 1-855-955-1110 • www.GetHardy.com
PO Box 416, Sweet Grass, MT 59484



Supplement Facts

Serving Size: Unflavored Powder 8.4 g / Flavored Powders 10 g (per sample packet)
Servings Per Container: Unflavored Powder 1 / Flavored Powders 3

Amount Per Serving	%DV**	Amount Per Serving	%DV**
Calories	10	Iodine (as NutraTek™ chelation blend)	68 mcg 45%
Total Carbohydrates	4 g 2%	Magnesium (as NutraTek™ chelation blend)	200 mg 48%
Dietary Fiber	1 g 4%	Zinc (as NutraTek™ chelation blend)	16 mg 145%
Vitamin A (as retinyl palmitate)	576 mcg 64%	Selenium (as NutraTek™ chelation blend)	68 mcg 124%
Vitamin C (as ascorbic acid)	200 mg 222%	Copper (as NutraTek™ chelation blend)	2.4 mg 267%
Vitamin D (as cholecalciferol)	24 mcg 120%	Manganese (as NutraTek™ chelation blend)	3.2 mg 139%
Vitamin E (as D-alpha tocopheryl acetate, and mixed tocopherols, and mixed tocotrienols)	46.8 mg 312%	Chromium (as NutraTek™ chelation blend)	208 mcg 594%
Vitamin K (as phylloquinone and menaquinone-7)	60 mcg 50%	Molybdenum (as NutraTek™ chelation blend)	48 mcg 107%
Thiamin (as thiamine hydrochloride)	15 mg 1250%	Sodium (as NutraTek™ chelation blend)	40 mg 2%
Riboflavin	6 mg 462%	Potassium (as NutraTek™ chelation blend)	80 mg 2%
Niacin (as niacinamide, nicotinamide riboside, chloride, & nicotinic acid)	48 mg 300%	Proprietary blend	680 mg †
Vitamin B ₆ (as pyridoxine hydrochloride and pyridoxal-5-phosphate)	20 mg 1176%	Inositol, Great Salt Lake minerals, L-glutamine, mixed tocopherols (organic), N-acetyl-L-cysteine, acetyl-L-carnitine (as hydrochloride), grape seed extract, methylsulfonylmethane (MSM), L-methionine, mixed tocotrienols (from palm fruit), coenzyme Q10, alpha-lipoic acid, ginkgo biloba leaf extract, LIVING SILICA® (MMST & OSA) Powder (acacia gum stabilized MMST & maltodextrin stabilized OSA), pyrrolizone quinone (PQQ), trace minerals as NutraTek chelation blend: boron, vanadium, nickel.	
Folate (as calcium folinate and L-methylfolate calcium)	500 mcg DFE 125%		
Vitamin B ₁₂ (as hydroxo-, adenosyl-, and methyl-cobalamin)	250 mcg 10417%		
Biotin	360 mcg 1200%		
Pantothenic acid (as D-calcium pantothenate)	10 mg 200%		
Choline (as bitartrate)	64 mg 12%		
Calcium (as NutraTek™ chelation blend)	400 mg 31%		
Iron (as NutraTek™ chelation blend)	4.6 mg 25%		
Phosphorus (as NutraTek™ chelation blend)	188 mg 15%		

Other ingredients: Resistant dextrin (non-GMO corn & organic tapioca fiber), gum blend (organic guar gum, organic acacia gum, xanthan gum), instantized inulin (chicory root fiber), monk fruit extract (luo han guo), stevia leaf extract, silicon dioxide, natural flavor.

Chocolate Caramel

Other Ingredients: Resistant dextrin (non-GMO corn fiber & organic tapioca fiber), natural chocolate flavor, natural caramel flavor, organic konjac gum, dark cocoa powder (Dutch processed), natural vanilla flavor, organic acacia gum, organic guar gum, monk fruit extract (luo han guo), instantized inulin (chicory root fiber), stevia leaf extract, carrageenan, lycopene powder, organic carob powder, natural caramel color, silicon dioxide, lutein/zeaxanthin from marigold extract (as XanMax®), natural flavor.

Mixed Berry

Other Ingredients: Resistant dextrin (non-GMO corn fiber & organic tapioca fiber), natural mixed berry flavors, organic konjac gum, sodium bicarbonate, orange juice powder, radish skin extract (color), monk fruit extract (luo han guo), instantized inulin (chicory root fiber), gum blend (organic guar gum, organic acacia gum, xanthan gum), stevia leaf extract, natural vanilla flavor, natural strawberry flavor, potassium bicarbonate, lycopene powder, silicon dioxide, natural acai flavor, natural banana flavor, natural flavor.

Strawberry Peach

Other Ingredients: Resistant dextrin (non-GMO corn fiber & organic tapioca fiber), gum blend (organic guar gum, organic acacia gum, xanthan gum), natural peach flavor, fermented beet root powder, peach juice powder, orange juice powder, natural mango flavor, sodium bicarbonate, instantized inulin (chicory root fiber), lycopene powder, natural strawberry flavor, monk fruit extract (luo han guo), stevia leaf extract, potassium bicarbonate, lutein/zeaxanthin from marigold extract (as XanMax®), silicon dioxide, radish skin extract (color), natural flavor.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.